



Proudly Presents
Fun with Ground Poles Clinic – with Kelley Shetter-Ruiz
March 11-12, 2017
Camp Tapawingo Girl Scout Camp, Metamora, IL

Who should attend?

Riders of *any discipline*, and *any breed* who want to strengthen their horse's hind end, develop rhythm and tempo, improve surefootedness, teach focus, improve horse and rider balance AND have a fun day for horse and rider as you try new things in your winter riding plan.

What to expect at the clinic

Riders will be given an hour and a half session in a small group of 3-4 riders. Groups will be based on horses with similar stride length. The exercises start simple and will build throughout the session. **MINIMUM of 15 riders must be secured by February 25 or clinic will be cancelled**, so reserve your spot early! With enough participants the clinic will stretch into Sunday March 12th to keep groups small. Ride times will be provided before the clinic.



Stalls are available, auditors are welcome and Kelley will have copies of her book "Fun with Ground Poles" on site for purchase

About the Instructor

Kelley began riding at the young age of twelve and decided to turn her passion into a career. She graduated from the University of Findlay with a Bachelor of Science degree in Equestrian Studies and Equine Business Management. Kelley then became a yoga enthusiast, and saw firsthand how focusing on body awareness and alignment can improve her body on the ground and in the saddle. She wanted to apply the yoga techniques she learned to her students, so she became a certified yoga instructor. Kelley's teaching methods combine the body awareness and alignment she has developed as a yoga instructor, with the fundamentals of riding to better connect horse and rider. This philosophy of body awareness and alignment, as well as riding fundamentals, is the basis of Kelley's business, Carpe Diem Equestrian Training. With more than 15 years of experience training and teaching, she is knowledgeable in a variety of disciplines including dressage, hunter/jumper, eventing, and young/green horse work. Kelley's approach to teaching helps her students to become more aware of their own bodies in order to influence their horse. Her clientele consists of children and adults riding at different levels and with varying breeds of horses. Kelley's ground pole work videos with her horse, Tristan, have become an internet sensation. Kelley hosts Fun with Ground Pole Clinics and Yoga for Equestrians Workshops throughout the Midwest. Find more information on her website: www.carpediemeqtraining.com.

Participant Application - S2 Horse Shows Fun With Ground Poles Clinic
Application for Riding Participants due by February 25, 2017 – MIN 15 riders

March 11-12, 2017

Mail to: 201 S Cameron Ln, Bartonville, IL 61607

Name: _____

Address: _____

Phone: _____

E-mail: _____

Riding experience, horse size, other information: _____

Clinic Full Participation \$90/horse and rider team \$ _____
(includes auditing for all other sessions)

Clinic –Auditor \$15/day \$ _____
(Can watch any or all of the daily sessions)

Stalls \$30/day \$ _____
(Includes a bag of pine shavings per day)

Tie out fee \$10/day \$ _____
(any horse that arrives on the grounds without reserving a stall)

Total Fees – Make checks payable to S2 Horse Shows **Total** \$ _____

Food will not be available onsite, but there is a refrigerator where you could store personal items during the day and there are restaurants not too far from the facility if a person chose to leave over lunch.

All the details on the clinic will be posted on the S2 Horse Shows website and on the Facebook page.

- **Website:** www.s2horseshow.com
- **Facebook:** S2 Horse Shows
- **Email:** s2horseshow@gmail.com OR n.mauserstorer@huskers.unl.edu
- **Phone:** Nicole Mauser-Storer – 309-258-9234
- **Clinician Website:** www.carpediemeqtraining.com
- **Clinic Location:** Camp Tapawingo - <http://www.getyourgirlpower.org/camp-locations-and-map>
OR <https://www.google.com/maps/dir//40.8061219,-89.4233449/@40.8043724,-89.4251039,736m/data=!3m1!1e3>